

Smoothies

Super Green Detox
Kale, Spinach, Green Apple, Ginger,
Coconut Water
Coconut Chai Spice
Coconut Milk, Cashew butter, Banana,
Cinnamon, Fresh Ginger, Nutmeg,
Allspice

Antioxidant Berry Chocolate
Mixed Berries, Banana, Raw Cacao
Powder, Almond Milk

Creamy Mint Refresher
Fresh Mint, Cashews, Spinach,
Banana, Almond Milk, Agave
Peanut Butter Banana Protein
Peanut Butter, Banana, Chocolate
Whey, Almond Milk
Tropical Green
Pineapple, Green Grapes, Banana,
Spinach, Almond Milk, Splash of
Orange Juice
Berry Peach
Peaches, Mixed berries, Almond milk,
Splash of Orange Juice
Mocha Coffee Special
One village cold brew coffee,
Banana, Raw Cacao Powder, Oats,
Almond Milk, Agave

Don't forget to add any of
your favorite superfoods:

Collagen
Spirulina
Raw Cacao Powder
Hemp Protein
Chia Seeds
Ground Flax
Green Powder
Probiotics

The Galley Café

Full Organic Coffee & Tea
Bar Smoothies
Breakfast
Lunch
Baked goods



Caroline McGuire
YOUR NUTRITION IS MY MISSION

Open: 7:30AM-3:30PM
1200 Constitution Ave,
Philadelphia, PA 19112
(267) 592-3200

Breakfast

Turkey Sausage, Egg, Cheese Brioche

Ham, Egg, Cheese Brioche

Farmers Omelet on Brioche

Assorted Bagels

Parfait

Baked Goods

Mixed Berry Muffins

Chocolate Chip Muffins

Blueberry Muffins

Lemon Poppy Seed Muffins

Cinnamon Rolls

Variety of Seasonal Muffins

Coffee Cake

Walnut Brownie

Chocolate Chip Cookies

Oatmeal Raisin Cookies

Banana Walnut Bread

Gluten Free Vegan Muffins

Hot & Cold Beverages

Coffee

Cold Brew Coffee

Latte (hot or iced) Americano

Mocha Latte

Caramel Macchiato

Chai Tea

Dirty Chai

Vietnamese Coffee(hot or iced)

Herbal tea(hot or iced)

Rotating Seasonal Coffee and Latte flavors

All coffee drinks made with choice of whole or skim milk

Soy, almond or coconut milk

Flavor Shot

Extra shot of espresso

Lunch

Salads

Spinach Salad

Baby spinach leaves, blue cheese, walnuts, dried cherries, carrots, tomatoes

Greek Salad

Romaine lettuce, spring mx, black olives, cherry tomato, cucumber, feta cheese, onion, bell pepper

Caesar Salad with Hard Boiled Eggs

Romaine lettuce,hardboiled eggs,cROUTONS

Rotating Seasonal Salad

Sandwiches & Pitas

Hummus & Vegetable

Ham Swiss on Croissant

BLT

Turkey, Bacon on French Bread

Chicken Caesar Pita

Chicken Salad on Raisin Bread

Vegan Moroccan Sandwich

Roasted Chicken with chipotle mayo on herbed focaccia

Roasted turkey with house made ranch on seeded whole wheat